



LAYA WELLNESS

Laya Wellness 350 Hour Yoga Teacher Training POLICIES

JANUARY 31ST - DECEMBER 13TH 2026

at Westside Yoga, Seddon

www.layawellness.com.au





Pricing, Cancellation and Deferments Policy

Pricing

Early Bird price - \$5,950: 10% deposit and application received by August 15th 2025.

Full price - \$6,450: 10% deposit and application received August 16th 2025 onwards.

Additional 40% required by October 15th 2025.

Balance remaining (50%) required by January 15th 2026.

Cancellations and deferments

Cancellations made prior to October 31st will receive a full, 100% refund.

Cancellations made from November 1st onwards will not be refunded. However, if we are able to fill your place at the same price, you will receive a refund less a 10% admin fee.

Payment of your deposit and all future payments should be made to:

Laya Wellness Group Pty Ltd / BSB 484799 / Acc. No. 562296802

In the extremely unlikely event that the course is cancelled by Laya Wellness before commencement, you will either be given the option to defer to the next iteration of the course running, or to receive a refund of all money transferred at the time of cancellation less the 10% deposit. In the equally unlikely event that the course has to be suspended part way through the year, deferments, or partial refunds on a pro rata scale, less the original deposit, will be offered.

If you are unable to continue the course for unavoidable reasons, applications to defer may be made in writing, accompanied by supporting documentation (e.g. doctor's certificate). In such exceptional circumstances and at the full discretion of Laya Wellness, the course may be deferred by up to 2 years.

Completion/Graduation Policy

To graduate from this training and receive your 350Hr certificate in Vinyasa and Yin Yoga you will need to achieve minimum:

- 90% attendance of lectures;
- 10x Teaching Rounds (5x teaching, 5x practising)
- 10x hours of elective workshops
- Attendance at the final retreat in December
- A 'pass' on the final written exam

While the responsibility for meeting the above targets lies with each Teacher Trainee, Senior Lecturers will work with you throughout the course to help ensure you are on track. Assessment of your understanding of the course content and your ability to transmit it to others will be ongoing throughout the course duration, so that at the time of the final written exam we can be confident you will be best placed for attaining the requisite pass mark. In the event that a 'pass' on the final exam is not achieved, a senior lecturer will work with you to address the areas identified as insufficient for up to 5x 1hour sessions. After this if a 'pass' is still not achieved, or if any of the other above criteria have not been met, we will not be able to issue you with a graduation certificate.



Expulsion Policy

Laya Wellness reserves the right to expel students in the following circumstances:

- When the student fails to act in accordance with Yoga Australia's Code of Professional Conduct or Statement of Ethics as found on Yoga Australia's website:
<https://yogaaustralia.org.au/advocacy/#guiding-principles>
- When the student fails to attend training without notification
- When the student does not complete all course requirements (see Completion / Graduation Policy) within the requested timeframe.

In most cases Laya Wellness will email the student with a written warning and outline of how to avoid expulsion, but in extreme cases or if the circumstances continue, Laya Wellness reserves the right to email the student to inform them of the cancellation of their enrolment in the course. Refunds will not be given in these circumstances.

Student & Staff Code of Conduct, and Grievance Policy

Student Code of Conduct Policy

During your studies it is expected that you act in accordance with the Yoga Australia Code of Professional Conduct. Non-compliance with this Code is reasonable grounds for expulsion. For more information see: <https://yogaaustralia.org.au/advocacy/#guiding-principles>

Yoga Australia – [Statement of Ethics](#)

Yoga Australia – [Code of Professional Conduct Behaviour policy](#).

Staff Code of Conduct Policy

The Laya Wellness faculty members involved in delivering this training are expected to act in accordance with Yoga Australia's Code of Professional Conduct.

Yoga Australia – [Statement of Ethics](#)

Yoga Australia – [Code of Professional Conduct Behaviour policy](#).

Grievance Policy

In the event you need to raise a grievance against a member of the Laya Wellness faculty, we hope that you will:

- seek to address the issue in the first instance with the relevant staff member in a calm and compassionate manner;
- allow reasonable time for a response to be provided;
- if the grievance is not resolved via the above means, escalate the grievance to Jaymala or David in person or by email at hello@layawellness.com.au, and again allow a reasonable time for a response to be issued;
- if the grievance is still not resolved, you may choose to lodge a formal complaint with Yoga Australia via their Grievance procedure: <https://yogaaustralia.org.au/grievances/>



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