

AHAM BRAHMASMI (I Am the Universe) Retreat with Jaymala

September 5 – 8
4 days/3 nights in Otway National Park

A journey of deep reflection, connection, and mindful practices in nature's paradise surrounded by hills, rainforest, and bushland.

- 3- 4 Curated Yoga Practices Daily
- Fire Cleansing Ceremony (Havan)
- Organic Hand-Made Vegan Meals
- Daily Kriyas + Ayurvedic routines
- Conscious Silent Time
- Luxurious Accommodation

King Parrot Retreat Centre, Otway Ranges
\$1100 for bunk/shared accommodation pp
\$1500 for twin share pp
\$2000 for single accommodation
Cottage for two - enquire for pricing

Early bird discount \$100
(bookings on or before June 15th 2024)

Reserve your space today!

